

## **BREAKFAST**

## **OMELETS**

#### DENVER GF

two cage free eggs with ham, peppers, onions, cheddar cheese

\$7.25 480 CALS

#### PICADO GF

two cage free eggs with pico de gallo, jack cheese, avocado & bacon

\$7.25 510 CALS

#### **BUILD YOUR OWN OMELET**

two cage free eggs & choice of vegetable, meat, or cheese

\$7.25 VEGETABLE | \$7.25 MEAT

#### **CHEESE:**

cheddar, pepper jack, american, provolone, swiss

#### **PROTEIN:**

bacon, ham, sausage

#### **VEGETABLES:**

peppers, onions, mushrooms, broccoli, tomato, spinach

#### **ALL AMERICAN**

cage free scrambled egg, smoked bacon, american cheese, biscuit

\$6.25 <sup>510 CALS</sup>

#### **TECATE WRAP**

cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap

\$6.75 550 CALS

#### STEAK BREAKFAST BURRITO

chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

\$8.25 670 CALS

#### LOADED BREAKFAST BOWL GF

seasoned potatoes, cage free egg, crispy bacon, pork sausage, sauteed peppers & onions, cheddar cheese, pico de gallo \$7.50 530 CALS

#### PATATAS BRAVAS BOWL VGF

seasoned potatoes, salsa brava, cage free fried egg, garlic aioli, chopped cilantro \$6.00 410 CALS

### **FEATURED**

#### **CANDIED BACON MELT**

candied bacon, cage free over hard egg, jack cheese, smashed avocado, pico de gallo, chipotle aioli, jalapeno cheddar bagel

\$6.75 830 CALS

# OFF TO THE RIGHT START

#### **CHILI PEPPER TOAST**

9 grain bread, avocado, over hard cage free egg, mixed greens, chipotle aioli, giardiniera peppers

\$5.50 510 CALS

#### IMPOSSIBLE TOAST VG

plant based sausage patty, avocado, tomato, arugula, lemon vinaigrette, sourdough bread

\$6.75 400 CALS

PANCAKES (2) V \$3.50 470 CALS

BACON (2) GF DF \$2.50 131 CALS

SAUSAGE (2) GF DF \$2.50 <sup>201 CALS</sup>

TURKEY SAUSAGE (2) GF DF \$2.50 120 CALS

POTATOES VG DF \$2.50 90 CALS

EGG OR EGG WHITE V GF DF \$1.50 77-44 CALS

**V-VEGETARIAN** 

**GF-GLUTEN FREE** 

**CN-CONTAINS NUTS DF-DAIRY FREE** 

